

Wongarbon Public School Newsletter

22 March 2019 ~ Term 1 Week 8

Principal's Message

Dear Parents and Caregivers

It was an interesting learning experience last week when I attended the 'Mental Health in Schools' training in Sydney. This is particularly relevant for our school as our 3 Year Strategic Plan focuses on Well-being. Some of the statistics regarding mental health throughout Australia are quite concerning and it appears to be a growing area of children and adult wellbeing.

When looking at percentages in statistics one could think that they are low. It is not until you see the number of people affected that you get a sense of proportion.

e.g.

14% aged between 12-17 had a mental disorder in the last 12 months – 212,800 students.

10% aged 4-12 classified as having abnormal social and emotional well-being – 213,000 students.

2.5% aged 5-14 and 3.3% aged 15-24 eat enough fruit and vegetables – 96,230 people.

Therefore 94.2% DO NOT. WOW!

Sleep, vegetables, physical activity, social interaction and work/life balance were suggested as key factors towards mental health.

Again supporting our School Plan, the staff will be attending a special Staff Development Day at the commencement of Term 2 with the focus on Staff and Student Well-being. Two of the main presenters will be Dr Michael Carr-Gregg and Gregory Nicadu (specialising in childhood trauma).

This training will assist in developing staff skills in positively pursuing well-being for all of our students.

Don't forget to support our P&C raffle when you come to the school to vote at the NSW State Election on Saturday.

Regards

P. George
Principal

**ASSEMBLY NEXT FRIDAY,
29 MARCH WILL BE
CONDUCTED BY
MRS RICH'S 2/3/4 CLASS
IN THE WONGARBON
HALL AT 2:30PM.
EVERYBODY IS MOST WELCOME.**

Try Always'

UPCOMING EVENTS

TERM 1

Tuesday.....March 26

The Gruffalo DRTCC K-2

Bollywood to Brazil K-6

SRC Leadership Day

Wednesday.....March 27

P&C meeting - 7pm

Friday.....March 29

Year 3/4 assembly 2:30pm

Friday.....April 5

University of Newcastle Science Challenge Year 5/6

NOTES & PAYMENT DUE

- * School Jacket Orders
- * The Gruffalo K-2
- * Science Challenge Year 5/6
- * 2019 Voluntary Contributions
\$50 first child / \$40 second child / \$30 third child

SCHOOL TERMS 2019

Term 1.....Jan 29 - Apr 12

Term 2.....April 29 - Jul 5

**Just a thought:
Wake up and be
AWESOME!**

Principal Meetings

Next Friday, March 29, I will be attending a Leadership meeting with our Director of Education Leadership, Mrs Adelia Fuller and three other Principals as relieving President for the Dubbo Primary Principals' Council (DPPC).

This is an early morning start which often continues into school time. Following that, again as relieving President of the DPPC I will be chairing our once a term meeting.

Senior SRC Leadership Day

Next Tuesday Wongarbone Public School will be hosting Year 5 and 6 SRC members from other schools in a Leadership Training Day.

This will be an excellent opportunity for our senior leaders to further their skill set and play a more active role within our school.

We have also registered them for a special day on Leadership to be held at the Dubbo RSL Club next term on Monday, May 20. The students centred leadership day was highly acclaimed last year.

School Council

Unfortunately we didn't have enough School Council members attend Tuesday night's Annual General Meeting to form a quorum. Therefore the election of School Council president and secretary could not occur, nor could the general meeting to follow the AGM. The Annual General meeting will now be held on Tuesday, April 9 in the staff common room.

All School Council members are asked to attend.

We still do need a further nomination for School Council to fill a vacancy. Nomination forms are available at the school office.

Exciting Times

Everyone in K-2 is very excited about their trip to Dubbo next Tuesday to be entertained with the live production of 'Gruffalo'.

All students should be in school uniform and bring their recess snacks in a disposable bag with their name clearly written on the outside.

They will be enjoying their recess (little lunch) and play in the park before returning back to school at 12:15pm.

Movement, Action, Dance

Next Tuesday afternoon at 2pm following K-2's visit to the Dubbo Regional Theatre and the SRC Leadership Day we will have a special performance workshop called Bollywood to Brazil which ties in nicely with the movement section of the Creative Arts Syllabus.

There will be no cost to students as the school is covering all associated costs.

University of Newcastle Science Challenge

Mrs Farley will be supervising Year 5/6 students from Wongarbone, Geurie and Eumungerie Public Schools at the University of Newcastle Science Challenge to be held at the Macquarie Anglican Grammar School on Friday, April 5.

All students should arrange their own transport to and from Dubbo and make sure they bring their recess and lunch with them.

We ask that students wear their SCHOOL UNIFORM, not their sports uniform on this day.

This 'hands on'; creative, problem solving day is quite engaging and so much fun.

P&C Meeting

Our next P&C meeting will be held at 7:00pm next Wednesday, March 27 in the school library.

Everyone is most welcome to attend.

Assembly Awards

Term 1 Week 6

Class Award

Year 5/6	Patrick, Caleb, Joseph
Year 2/3/4	Ruby T, Kyla-Lee, Mackenzie
K/1	Zayln, Ruby W, Kayden

Performance Award

Year 5/6	William L, Aiden, Hannah
Year 2/3/4	Coby, Bonny, Amos
K/1	Alexis, Nate, Alice

Book Award

Year 5/6	Kyeisha
Year 2/3/4	Rueben
K/1	Charlotte

Principals Award

Leah

ZOO ADVENTURES

HAVE A WILD TIME AT THE ZOO!

AUTUMN 2019

Zoo Adventures is an exciting school holiday program of cool animal themed activities for school kids aged 5-12 years.

WEEK 1

Tuesday 16 April

Wednesday 17 April

Thursday 18 April

ACTIVITY

Wild Gardens and Plants

Wiradjuri Learning Day

Behind-the-Scenes Day

WEEK 2

Tuesday 23 April

Wednesday 24 April

ACTIVITY

Wiradjuri Learning Day

Behind-the-Scenes Day

Wild Gardens and Plants: Learn and discover what happens to plants during autumn and the animals that think they are delicious. Explore the bond between animals and plants and how they work together to prepare for the other seasons in autumn.

Wiradjuri Learning Day: Autumn is a very important time for Country and making sure there is enough food for everyone. For Wiradjuri, autumn is the time for fire and regeneration. Come along and learn about this through stories, song and dance!

Behind-the-scenes Day: Ever wondered how an elephant has a bath or what rhinos eat at the zoo and how much? Come and meet our animals and their keepers behind-the-scenes for an exclusive tour to learn about what they need to do to prepare for the autumn season.

DETAILS

Available NSW School Holidays only

Age 5-12 years (must be attending school)

Time 8.30am - 3.30pm. Extended care available from 3.30pm - 5.00pm

Cost \$35 child per day. \$30 Zoo Friends child per day. Morning tea provided

Location Drop off and collection point is located at the Education Centre.

What to bring

- Clothing to suit all weather
- Hat
- Enclosed shoes
- Lunch/snacks
- Drink bottle
- Painting apron/old shirt for craft activities

CONDITIONS

No refunds or cancellations accepted within 48hrs prior to booking. Payment must be made at time of booking. Zoo Friends to provide a copy of current membership in child's name when booking to obtain discount. Program subject to change without notification.

BOOKINGS

p: 02 6881 1433

e: wpzedcentre@zoo.nsw.gov.au


w: taronga.org.au/taronga-western-plains-zoo/whats/zoo-adventures-dubbo



Wongarbon CWA
invites you to:

*An
Edwardian
House Party*

A calvacade of History and
Fashion Presentation



*Join us for a delightful afternoon tea and a
fascinating glimpse into a bygone era.*

Saturday 23rd March 2019 - 2:30pm
Baptist Church, 251 Cobra Street Dubbo

Adults \$25
Concession \$20
RSVP 15th March

Bookings: Marjorie 0427 669 104 or Kathie 0429 850019

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